

# How Our Parents Relationships Affect Our Personal Relationships Today

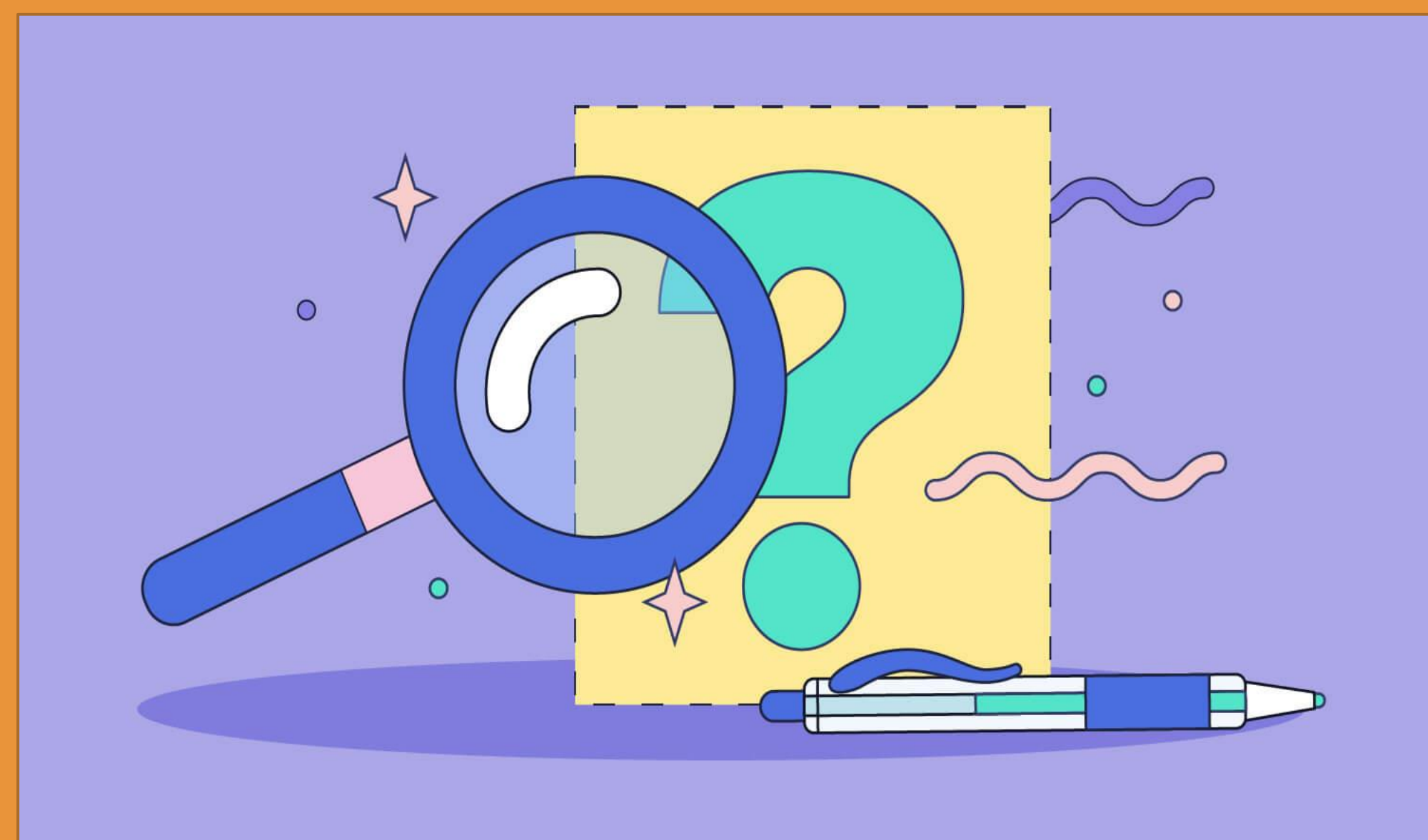
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## HYPOTHESIS

The hypothesis explores if parent's relationships have any affect on how students view their relationships.



## RESULTS

The hypothesis explores if parent's relationships have any affect on how students view their relationships.

Students who feel their parent's got along well during their childhood, were more likely to say they disagreed with the statement, "I cannot imagine life without my relationship."

- Our significant results came out significant.
- $F(3, 42) = 3.45, p = .025$

## PARTICIPANTS

- ❖ 46 Students
- ❖ 38 Women/7 Men/ 1 Non-Binary
- ❖ Average Age = 22.15
- ❖ Race:
  - ❖ African American (N = 44, 95.7%),
  - ❖ White, (N= 1, 2.1%),
  - ❖ Latino (N =1, 2.1%),
  - ❖ Asian (N =1, 2.1%),
  - ❖ Native American, (N = 1, 2.1 %) and
  - ❖ Zero participants indicated their race as Other.



## MEASURES (single Item Indicators)

- ❖ I believe my parents got along well when I was growing up
  - ❖ Very True = 9, Sometimes True = 14, Seldom True = 13; Not At All True = 14
- ❖ I cannot imagine my life without my relationship
  - ❖ Strongly Agree = 11; Agree = 19; Disagree = 13, Strongly Disagree = 4



## DISCUSSION

The results of this study suggest the following:

- ◆ Parental relationships in childhood impact college students' relationship perceptions.
- ◆ Those students who perceived their parents to get along well, were less more likely to state that they did not believe they could not imagine life without their current relationship.
- ◆ Put simply, perceiving a health relationship between parents may protect college students from feeling the need to cling to their current relationship and they may have a health level of attachment/detachment to their relationships.