

FACTORS RELATED TO SUCCESS IN COLLEGE SPORTS: ALCOHOL ABUSE IN STUDENT ATHLETES

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Hypotheses

1. The first hypothesis is that alcohol abuse is more common in male athletes than female athletes.
2. The second hypothesis is that alcohol abuse is more common in college athletes than regular college students.



Participants

- ❖ 44 students
- ❖ 30 Women/ 14 Men
- ❖ Average age= 23.62
- ❖ Race
 - African American (N= 40)
 - Latino (N=2)
 - Native American (N=1)
 - Biracial (N=1)



Results

1. The first hypothesis is that alcohol abuse is more common in male athletes than female athletes. $t(42) = 2.03, p = 0.049$ Significant
2. The second hypothesis is that alcohol abuse is more common in college athletes than regular college students. $t(42) = 0.00, p = 1.00$ Not Significant

Discussion

- ❖ Athletes drink less alcohol than non-athletes
- ❖ There were no gender differences in drinking.