

# From Isolation to Inclusion: The Power of Campus Engagement

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### HYPOTHESIS

- We hypothesize that people who are more involved in activities each week have a higher sense of belonging.



### PARTICIPANTS

- 78 students in the survey
- Average age 22
- Race
  1. African Americans (91.7%)
  2. Latino (2.8%)
  3. White (1.4%)
  4. Mixed Race (4.2%)

### MEASURES

- College Belonging (Strongly disagree N=1; Strongly agree N=4)

### RESULTS

- Activity time & Total Belonging
- $r(62) = .409, p < .001$ ; Significant
  - SPSS Bivariate Correlation



### DISCUSSION

The purpose of this study is to explore ways students can better adjust to the transition to college. This study examines how joining clubs and organizations can help a student feel more accepted, involved, and connected to the university or college of their choice. When one feels a sense of belonging at a college or university, they are more likely to complete their academic plans and feel more connected to their university. The results have shown that no matter what stage in life a human is in, connection always has a significant impact on overall success, especially in college.

