The Impact of Work Obligations On Academic Success



Thomas Hendershot

Department of Behavioral Sciences & Human Services, Bowie State University

HYPOTHESES

College Undergraduate students with significant Work obligations are negatively Impacted by time constraints and fatigue and will have lower academic performance than students working less hours or not at all.

PARTICIPANTS

- 78 Students
- 59 Woman
- 15 Men
- Race: African Americans (N=66, 84.6%),
 White (N=1), Latino(N=2), Bi-racial(N=3)

MEASURES

- Number of Jobs
- Hours worked per week
- Reported impact on academic studies
- GPA 1.0-4.0
- Dean's List

RESULTS

Chi-Square results suggest a significant relationship between the Number of jobs worked (amount) and student's reported impact of work obligations on academic studies.

$$X^{2}(9)=24.919, p=.003$$

Students holding one or more jobs report a negative impact from work obligations on academic studies. The hypothesis is supported.

DISCUSSION

The Results of the Study Suggest:

- Students with significant work obligations report at least some negative impact from these responsibilities upon their academic performance.
- The Findings are consistent with prior research on the topic which recommend only moderate work obligations to maintain academic success.