

Stress: Correlating to Academic Success

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HYPOTHESES

Students with higher levels of perceived stress have lower grade point averages than students with lower perceived stress levels.

RESULTS

The results suggest that the relationship between higher levels of perceived stress levels

Lower-grade point averages are not significantly correlated
($r = -.084$, $p = .642$)

PARTICIPANTS

- ❖ 34 College Students
- ❖ 24 Women/10 Men
- ❖ 28 African Americans
- ❖ 3 Multiracial
- ❖ 1 Latino
- ❖ 1 Unanswered
- ❖ 1 Other



MEASURES

- ❖ GPA (Range of 1.0 - 4.0)
- ❖ Perceived Stress Levels (Range of 0 - 20)

		GPA	totstress
GPA	<i>Pearson Correlation</i>	1	-.084
	<i>Sig. (2- Tailed)</i>	.	.642
	<i>N</i>	34	33
totstress	<i>Pearson Correlation</i>	-.084	1
	<i>Sig. (2- Tailed)</i>	.642	
	<i>N</i>	33	33

DISCUSSION

The results of this study suggest the following:

- ❖ Perceived stress level is not a significant factor in predicting GPA