

# Factors related to Academic Success: Spirituality and GPA

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## HYPOTHESIS

**If you have a spiritual connection, then you will be successful academically.**



## RESULTS

**If you have a spiritual connection, then you will be successful academically.**

❖  $r(33) = -.336, p = .042$ ; significant, but higher spirituality is related to lower grades



## PARTICIPANTS

- ❖ 146 Students
- ❖ 88 Women/58 Men
- ❖ Average Age = 24
- ❖ Race
  - ❖ African American (N = 121, 82.9%),
  - ❖ White, (N = 7),
  - ❖ Latino (N = 7),
  - ❖ Asian (N = 1),
  - ❖ Native American, and (N = 2) and
  - ❖ Six participants indicated their race as Other.



## MEASURES

- ❖ GPA (Range: 1.0 – 4.0; M = 3.0)
- ❖ Single item indicator measuring how spiritual the individual is (1 = not at all; 5 = sometimes; 27 = yes)

## DISCUSSION

**The results of this study suggest the following:**

- ❖ **More spiritual students had lower GPAs**

