

COLLEGE STRESS & MANAGING A JOB FOR FINANCIAL SUPPORT

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HYPOTHESIS

Dealing with college stressors while managing a job can affect someone's production in either field meaning production in classes or production in your work environment and be related to higher stress.



RESULTS

1. Dealing with college stressors while managing a job can affect someone's production in either field meaning production in classes or production in your work environment and be related to higher stress.
 - **Not significant $r(33) = .048, p = .793$**



PARTICIPANTS

- ❖ 34 Students
- ❖ 24 Women/10 Men
- ❖ Average Age = 23.73
- ❖ Race
 - ❖ 28 African American
 - ❖ 1 Latino
 - ❖ 3 Multiracial
 - ❖ 2 Other.



MEASURES

- ❖ GPA (Range: 1.0 – 4.0; M = 3.0)
- ❖ Work (Full-time; Part-time; No Job)
- ❖ Perceived Stress Scale alpha = 0.55



DISCUSSION

The results of this study suggest the following:

- ❖ Stress levels were unrelated to how much students worked.
- ❖ There may be other factors that account for student stress levels and students may be able to balance work/school stress adequately.

