



Bowie State University Nutrition Lounge Popular Student Items

TOILETRY ITEMS • Feminine hygiene products (pads, tampons, menstrual discs) • Shampoo/Conditioner • Hand Soap • Bars of Soap • Razors • Shaving cream • Deodorant • Toothpaste • Toothbrush • Dental Floss • Body Wash • Lotion • Tide Pods • Toilet Paper • Paper Towels	NONPERISHABLE ITEMS • Protein Bars • Nature Valley Granola Bars • Belvita Breakfast Biscuit • Graham Crackers • Chips (Frito Lay, Skinny Pop, Pop Corners, Rice Crips, Pringles, Ritz, Cheez-it, Goldfish, etc.) • Fruit Snacks • Nuts • Pasta • Pasta Sauce • Easy Mac and Cheese • Mac and Cheese • Cup of Noodles • Mini Cereal • Water • Canned Food items (pull tops preferred) ○ Canned Chicken ○ Canned Tuna ○ Canned Soup ○ Chef Boyardee
PARENT CORNER ITEMS • Diapers • Wipes • Formula • Snacks for babies and toddlers	PERISHABLE ITEMS • Sports Drinks • Ice Tea Drinks • Apple Juice • Frozen food items (Uncrustables, Chicken Melts, Breakfast Sandwiches, Hot Pockets, Beef Patties, etc.) • Fresh Fruit

All items must be individually packaged.